Emotional wellbeing resources to keep you at your best

HealthJoy EAP offers expert guidance to help address and resolve everyday issues. Access support whenever, wherever is most convenient for you.

Member User Experience



Contact the EAP using one of the above access points



Clinical
assessment
and in-themoment
support



EAP confirms
availability and
MHSA network
alignment prior to
making referral



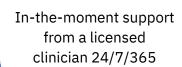
EAP provides
"smart" referral
to counselor and
offers to schedule
the first session



EAP clinician follows
up after the case
to assess needs,
measure
satisfaction and
H&P



1-888-731-3327





Send a question to Request information or support@mysupportportal.comresources based on topic or concern



Navigator

Emotional fitness assessment and care guidance



Text 'support' to

51230



Personalized coaching on desktop or mobile



Ask the

expert

Animo
Digital behavioral
health to improve your
emotional fitness



support
Attend an anonymous
group support
session

USE COMPANY CODE "immanuelcommunities" TO ACCESS EAP SERVICES



If you are in immediate medical crisis, please call 911.

1-888-731-3327 eap.healthjoy.com