Clinical Solutions

SimplePay Health is fully integrated with multiple partners to create a unique and superior experience for its members. Below is a high-level overview of these partners and the clinical care solutions available.

Teladoc HEALTH

Virtual Care

Teladoc provides virtual wellness visits with doctors, therapists, and specialists who can help you with the flu, infections, anxiety, stress, skin conditions, and provide advice on serious medical conditions. This service is available from wherever you are by phone, video, or app.

Livongo

Diabetes and Cardiovascular Disease Management

As a SimplePay Health member, you have access to Livongo for diabetes and hypertension. It is a health benefit at no cost to you to help make it easier to live with diabetes and high blood pressure. Livongo is available to you, your spouse, or your dependent(s) enrolled in the SimplePay Health plan who have been diagnosed with diabetes and/or hypertension. Participants will receive a free glucose and blood pressure monitor, unlimited test strips, and coaching support.

Joyages

Mental Health

Joyages is a mental health app that delivers a customized experience designed to empower users to become happier in just minutes each day. With customized assessments, it is designed to alert users to mental risks. The Joyages app is a private, user- friendly digital life coach that helps users navigate through life's toughest moments and build the resilience necessary to thrive.

For more information on each of these programs available to SimplePay Health members, please visit www.simplepayhealth.com member portal or contact your Health Valet at (800) 606-3564.

2nd.MD

Expert Second Opinion Services

2nd.MD provides expert medical opinions via video or phone consultations with leading medical specialists. Members must receive a diagnosis and/or treatment plan from a licensed medical practitioner or remain undiagnosed after multiple visits to specialists. The 2nd.MD care team assists the member in selecting a specialist, providing medical records to the specialist for review, and scheduling the specialist consultation.

ovia health™

Fertility, Pregnancy, and Parenting

Ovia Health's mobile apps Ovia Fertility, Ovia Pregnancy, and Ovia Parenting work as daily companions as members navigate their health and parenting journey. While the apps are available for free on the App Store and Google Play, linking the app to a member's SimplePay Health benefit unlocks all of Ovia's features, including unlimited 1-on- 1 coaching and related benefits navigation.

Hinge Health

Digital MSK Care

Hinge Health offers a comprehensive virtual physical therapy program in the palm of your hand. Hinge is comprised of a team of licensed doctors of physical therapy who create custom programs to guide preventative exercises and physical recovery from the convenience of your own home. In addition to physical therapy, Hinge has board-certified health coaches trained in behavior change to provide support and motivation to keep you on track.

*Requires eligibility of age 18+ for Hinge Health, some limitations may apply

Weight Management and Healthy Eating

Wondr Health is an online skill-building program that teaches you not what to eat, but when and how to eat to lose weight and keep it off. The program focuses on behavior change, taking care of your Vital Needs, and how to start adding physical activity into your life. No more foods to buy, points to count, or guidelines on what you can and cannot eat.

Innovative Technology

Virgin Pulse provides a unique and robust member experience through a custom member portal built specifically for SimplePay Health. The member portal serves as a one-stop shop for all benefit and SimplePay related resources. Members have access to complimentary digital and live-coaching through the app as well.